



Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 4/12/20

Surampalem.

To
The principal,
Aditya college of Engineering and Technology,
Surampalem.

Sub: - Requesting permission for conducting a program "Awareness Program on corona virus" in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a programme "Awareness Program on corona virus" on 6/12/20 Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	1000/-
2	miscellaneous	1000/-
Total Amount		2000/-

I request you to sanction an amount of Rs 2000 /- (Two thousand rupees only) for smooth conducting of the event.

Thanking you sir,


Convener

(Health Club)


Principal

PRINCIPAL
Aditya College of
Engineering & Technology
SURAMPALAM - 533 437


PRINCIPAL
Aditya College of
Engineering & Technology
SURAMPALAM - 533 437



Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 5/12/2020

CIRCULAR

It is informed to all the students that there will be a programme "Awareness Program on corona virus" on 6/12/2020 from 11:00 am to 1:00 pm in our campus to improve health and creating healthy environment

In this connection, all the interested students and staff are invited to participate in the programme.

copy to

IQAC

Dept HOD's

Office

Health club committee

Principal

PRINCIPAL
Aditya College of
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SURAMPALAM- 533 437

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Aditya Nagar, ADB Road, Surampalem - 533437



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Aditya Nagar, ADB Road, Surampalem 533437.



A program on

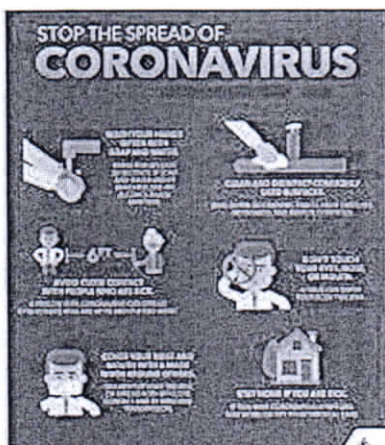
"Awareness program on corona virus"

On 06-12-2020

By

Dr. T. Jagadeesh

Organised by



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Aditya College of
Engineering & Technology
SURAMPALAM- 533 437

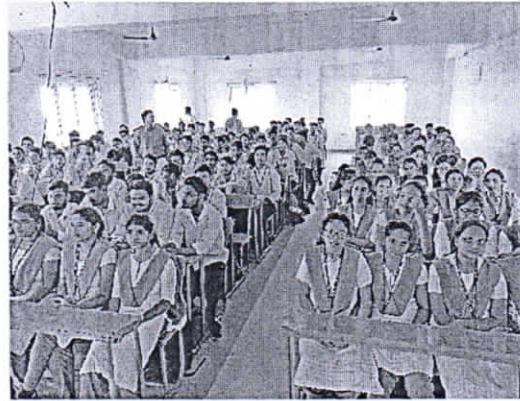
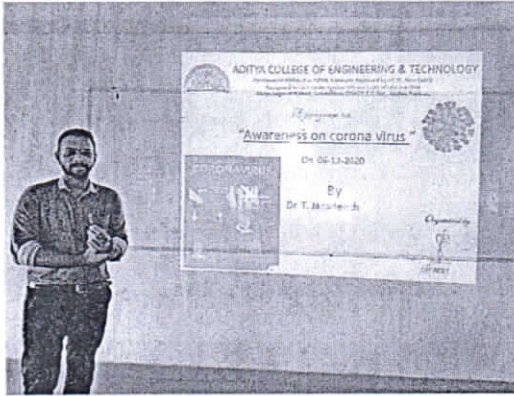


Aditya College of Engineering & Technology

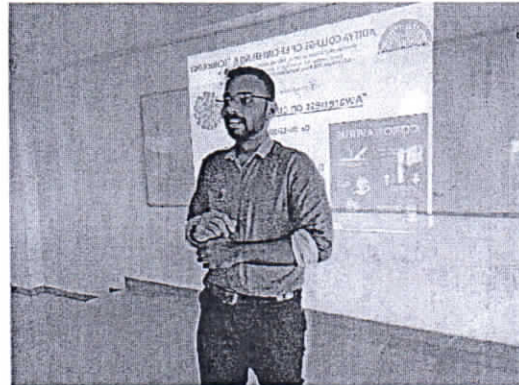
Aditya Nagar, ADB Road, Surampalem - 533437

Event name: Awareness program on corona virus

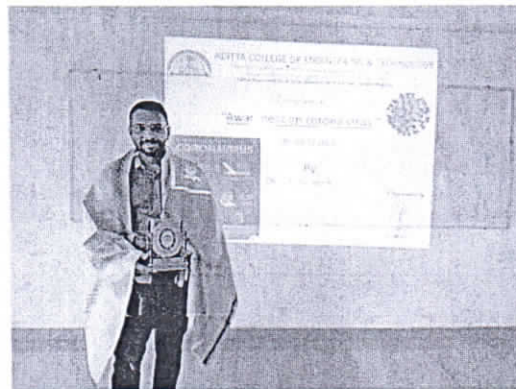
Date: 6/12/2020



Guest addressing the students



Guest giving information about awareness on corona virus



Felicitation to the guest with memento


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SURAMPALAM- 533 437



Event name: Awareness program on corona virus

Date:6/12/2020

A REPORT ON "Awareness program on corona virus"

Speaker of the event: SriDr. T. Jagadeesh garu,

Venue: Seminar Hall - Visveswaraya Bhavan.

Date:16/11/2019

No of Students attended: 140

Health club committee conducted "Awareness Program on corona virus" programme in our campus. The resource person explained about corona virus how it influences on our health.

The main objectives of this session:

- ✓ To create awareness on corona virus to the students.
- ✓ To create awareness how to stop spreading corona virus.
- ✓ To create awareness how to protect from corona virus.

In this program 140 students have participated and the speaker explained

The novel corona virus disease 2019 (COVID-19) is an infectious disease caused by a novel corona virus now called severe acute respiratory syndrome corona virus 2 (SARS-COV-2) and can be transmitted from person to person via contact with respiratory droplets.

Major prevention methods recommended by the WHO include; regularly and thoroughly clean hands with an alcohol-based hand rub or wash them with soap and water, maintaining social/physical distancing, avoid touching eyes, nose and mouth, and different protection measures based on the situations.


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Aditya Nagar, ADB Road, Surampalem - 533437

Date: 26/12/2020

Surampalem.

To
The principal,
Aditya college of Engineering and Technology,
Surampalem.

Sub: - Requesting permission for conducting the program "Importance of Covid Vaccination" in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a programme "Importance of Covid Vaccination" on 28/12/2020 Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	1500/-
2	miscellaneous	1500/-
Total Amount		3000/-

I request you to sanction an amount of Rs 3000/- (Three thousand rupees only) for smooth conducting of the event.

Thanking you sir,


Convener

(Health Club)


Principal
PRINCIPAL
Aditya College of
Engineering & Technology
SURAMPALAM- 533 437


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Date: 8-12-2019

CIRCULAR

It is informed to all the students that there will be a programme "Importance of Covid Vaccination" on 28-12-2020 from 11:00 am to 1:00 pm in our campus. To bring awareness in students, Health club is organising a seminar.

In this connection, all the interested students and staff are invited to participate in the programme.

copy to

IQAC

Dept HOD's

Office

Health club committee

Principal

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Aditya College of
Engineering & Technology
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A program on

"Importance of vaccination for covid"

On 28-12-2020

By

Dr. Pushpa Pilli



Organised by



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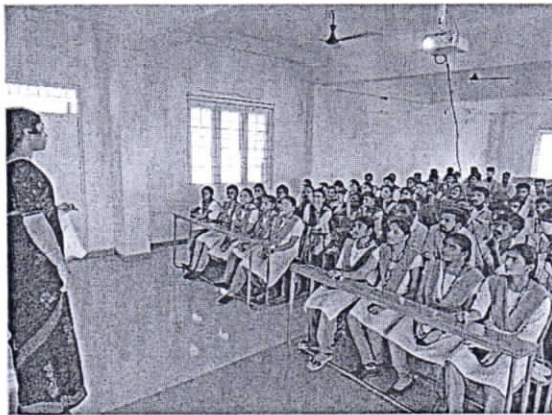
Aditya Nagar, ADB Road, Surampalem - 533437

Event name: Importance of Covid Vaccination

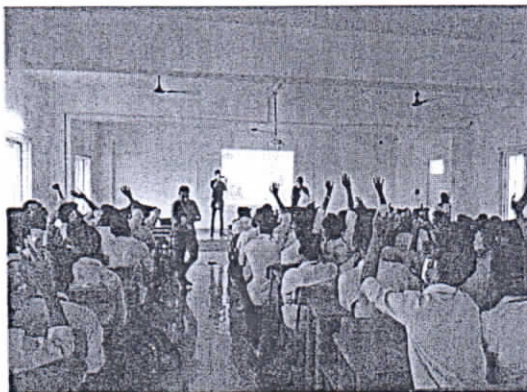
Date: 28-12-2020



Guest introduction



Guest interaction with students



Vaccinated Students and Guest with memento

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SURAMPALAM- 533 437



Event name: Importance of Covid Vaccination

Date: 28-12-2020

A REPORT ON "Importance of Covid Vaccination"

Speaker of the event: Smt. Dr. Pushpa Pilli garu,

Venue: Seminar Hall - Visveswaraya Bhavan.

Date: 28/12/2020

No of Students attended: 150

Health club committee conducted "Importance of Covid Vaccination" programme in campus. The resource person explained about Covid Vaccination and its importance.

The main objectives of this session:

- ✓ To create awareness on Covid Vaccination.
- ✓ To Protect people from covid
- ✓ Awareness on major health issues with Covid.

In this program 150 students have participated and the speaker explained Vaccinations against Covid-19 were developed. These vaccines are not experimental. They have been through all the stages of development for any new scientific breakthrough. In addition, Covid-19 specific vaccinations are constantly monitored by multiple health organizations purely because of all the pandemonium this virus has caused across the world. Hence, it becomes crucial for every citizen to take part in the vaccination drives organized by their local governmental bodies and other bodies offering the vaccine officially.

Here's a list of important details about vaccinations that make it absolutely necessary for you to NOT miss vaccination against Covid-19.

Covid-19 Vaccines are effective

Covid-19 vaccines have been tested by multiple drug administration authorities in the world. They are proven to be effective in reducing your probability of contracting COVID-19.

You are contributing to mass wellness by getting vaccinated -

Once you are vaccinated, your body is much better prepared to shield off more viruses by making your immune system stronger. At the same time, when you are protecting yourself, you are also protecting those around you.

A safe way to build your immune system:


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Vaccinations are known to boost your immune system by teaching your body how to fight threats. Therefore, many consider vaccinations as a way to build up your immune system and the manner in which your body reacts to foreign bodies.

No Covid Vaccines can infect you with Covid:

Many believe falsely that since the vaccine includes a strand of the virus, you may actually get infected by it. That is not how a virus affects a body and hence you are in no danger by being infected with the disease of the vaccine.

Covid Vaccines are certified by multiple bodies

The Covid Vaccinations that are available by societies, governments and other people-body, are all certified by multiple certification authorities that have very stringent measures of success. If a vaccine is certified, you can be certain it has been tested through proven methods. There are no reasons for any individual to avoid a Covid-19 vaccination and it is our responsibility at Pathkind labs to dismiss any fears anyone has of the vaccination. There are no reasons to avoid a covid-19 vaccine and many reasons to not miss it. Pathkind labs are certified at testing for Covid-19 as well as various other infections, diseases and viruses. Our team of experts have built insight through years of experience and are your number one choice when it comes to health tests and analyses.



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Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 12/11/19

Surampalem.

To
The principal,
Aditya college of Engineering and Technology,
Surampalem.

Sub: - Requesting permission for conducting a program "AYUSH- health & hygiene." in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a programme AYUSH- Health & hygiene on 16/11/19. Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	1000/-
2	miscellaneous	1000/-
Total Amount		2000/-

I request you to sanction an amount of Rs 2000 /- (Two thousand rupees only) for smooth conducting of the event.

Thanking you sir,


Conyener

(Health Club)


Principal
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Aditya College of
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Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 14/11/2019

CIRCULAR

It is informed to all the students that there will be a programme "AYUSH- Health & hygiene" on 16/11/2019 from 11:00 am to 1:00 pm in our campus to improve health and creating healthy environment.

In this connection, all the interested students and staff are invited to participate in the programme.

copy to
IQAC
Dept HOD's
Office
Health club committee

Principal

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Aditya Nagar, ADB Road, Surampalem 533437.

A program on

"AYUSH- health and hygiene"



On 16-11-2019



By

Dr. Ch. Sanyasi Raju

Organised by



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Aditya College of
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SURAMPALAM- 533 437

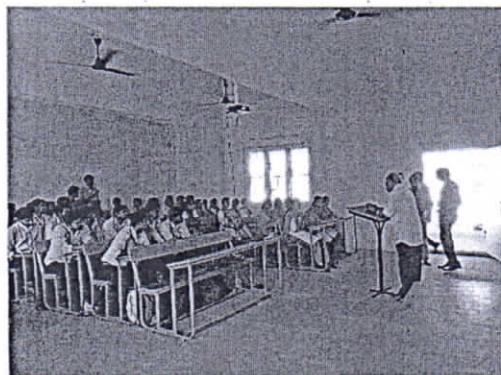
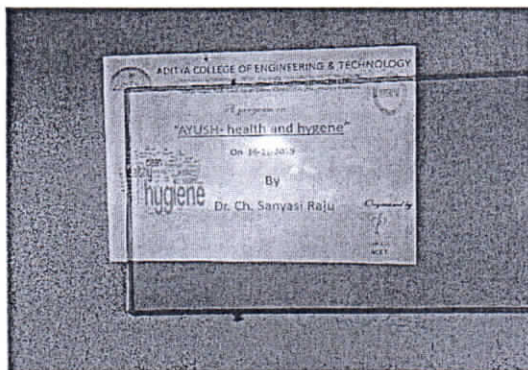


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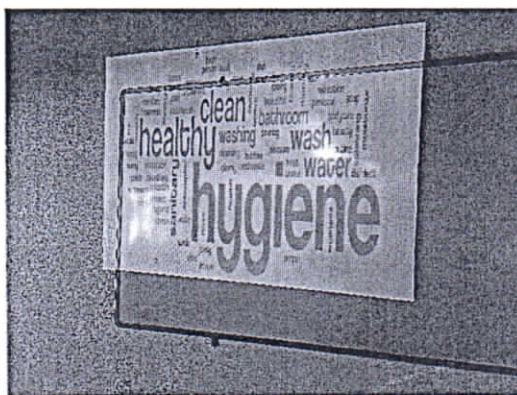
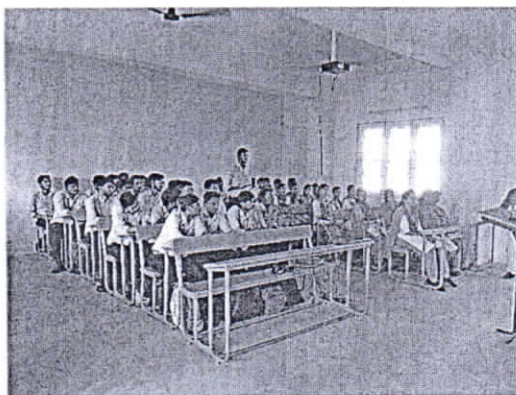
Aditya Nagar, ADB Road, Surampalem - 533437

Event name: AYUSH- Health & hygiene

Date:16/11/2019



Arrangement of event and inviting the guest



Speech on various hygiene procedures



Guest Felicitation

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Event name: AYUSH- Health & hygiene

Date: 16/11/2019

A REPORT ON "AYUSH-Health & hygiene"

Speaker of the event: Sri Dr.Ch. Sanyasi Raju garu,

Venue: Seminar Hall - Visveswaraya Bhavan.

Date: 16/11/2019

No of Students attended: 140

Health club committee conducted AYUSH- Health & hygiene programme in our campus. The resource person explained about hygienic environment and its influences on our health.

The main objectives of this session:

- ✓ To create awareness on hygiene to the students.
- ✓ To creating hygienic environment in the campus.
- ✓ To create awareness how hygiene improves our health.

In this program 140 students have participated and the speaker explained hygiene is a set of practices performed for the preservation of health. Hygiene practices are employed as preventative measures to reduce the incidence and spreading of disease. Sanitation involves the hygienic disposal and treatment by the civic authority of potentially unhealthy human waste, such as sewerage and drainage.

In the manufacture of food, pharmaceutical, cosmetic and other products, good hygiene is a key part of quality assurance i.e., ensuring that the product complies with microbial specifications appropriate to its use.

In home and everyday life settings plays an important part in preventing spread of infectious diseases. It includes procedures used in a variety of domestic situations such as hand hygiene, respiratory hygiene, food and water hygiene, general home hygiene (hygiene of environmental sites and surfaces), care of domestic animals, and home healthcare (the care of those who are at greater risk of infection).

Finally, the resource person gives suggestions to maintain hygiene in every individual surroundings.



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Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 7/12/2019
Surampalem.

To
The principal,
Aditya college of Engineering and Technology,
Surampalem.

Sub: - Requesting permission for conducting the program "MANAVATHA – First aid Techniques" in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a programme MANAVATHA on 9/12/2019 Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	1000/-
2	miscellaneous	1500/-
Total Amount		2500/-

I request you to sanction an amount of Rs 2500/- (Two thousand five hundred rupees only) for smooth conducting of the event.

Thanking you sir,


Convener

(Health Club)


Principal

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Aditya College of
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Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date:8-12-2019

CIRCULAR

It is informed to all the students that there will be a programme “MANAVATHA first aid techniques” on 9-12-2019 from 11:00 am to 1:00 pm in our campus. To bring awareness in students, Health club is organising a seminar.

In this connection, all the interested students and staff are invited to participate in the programme.

Resource person:

Dr. Ch. Sanyasi Raju garu
General practitioner
RATNARAJU hospital
Samalkot.

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Office

Health club committee

Principal

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Aditya Nagar, ADB Road, Surampalem 533437.



A program on

"MANAVATHA- first aid techniques"

On 9-12-2019

By

Dr. Ch.Sanyasi Raju



Organised by




PRINCIPAL
Aditya College of
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SURAMPALAM- 533 437

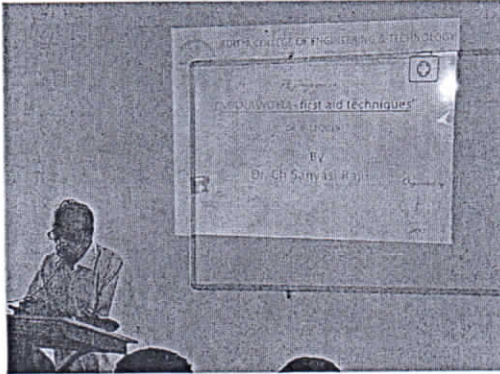


Aditya College of Engineering & Technology

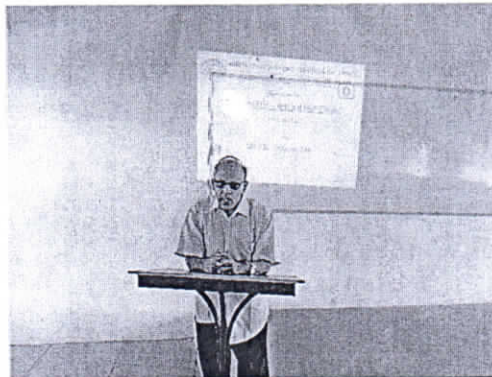
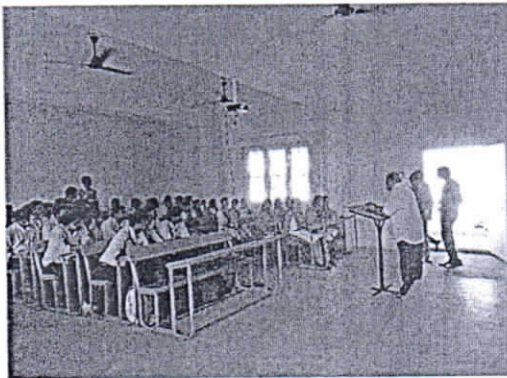
Aditya Nagar, ADB Road, Surampalem - 533437

Event name: MANAVATHA- first aid techniques

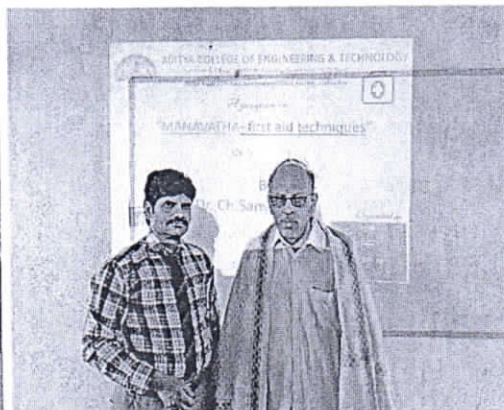
Date: 9/12/2019



Welcoming the guest and introducing the event



Lecture on the first aid techniques



Honouring the guest


PRINCIPAL
Aditya College of
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SURAMPALEM- 533 437



Event name: MANAVATHA- first aid techniques

Date: 9/12/2019

A REPORT ON "MANAVATHA- FIRST AID TECHNIQUES"

Speaker of the event: Sri Dr.Ch. Sanyasi Raju garu,

Venue: Seminar Hall - Visveswaraya Bhavan.

Date: 9/12/2019

No of Students attended: 131

Health club committee conducted "MANAVATHA first aid techniques programme in our campus. The resource person explained about various life-saving first aid techniques.

The main objectives of this session:

- ✓ To create awareness on first aid techniques.
- ✓ What are the things to do, not to do in various accidental situations?
- ✓ Awareness on major health issues.

In this program 131 students have participated and the speaker explained about what are the first aid techniques uses in the road accident and fire burns, electric shock cases, majorly. He gave some physical practice with students also. He gave some impressions to early detection of heart attack and tips to what to do, what not to do. Lastly, he discussed about importance first aid box to keep in buses, various places in college.


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Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 17/8/2018

Surampalem.

To

The principal,
Aditya college of Engineering and Technology,
Surampalem.

Sub: - Requesting permission for conducting a program "AYUSH- health & nutrition" in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a programme AYUSH- Health & Nutrition on 18/8/2018 Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	2000/-
2	miscellaneous	1000/-
Total Amount		3000/-

I request you to sanction an amount of Rs 3000 /- (three thousand rupees only) for smooth conducting of the event.

Thanking you sir,


Convener
(Health Club)


Principal
PRINCIPAL
Aditya College of
Engineering & Technology
SURAMPALAM- 533 437


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Aditya Nagar, ADB Road, Surampalem - 533437

Date: 17/8/2018

CIRCULAR

It is informed to all the students that there will be a programme "AYUSH- Health & Nutrition" on 18/8/2018 from 11:00 am to 1:00 pm in our campus to improve health and creating healthy environment.

In this connection, all the interested students and staff are invited to participate in the programme.

copy to

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Dept HOD's

Office

Health club committee

Principal

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Aditya College of
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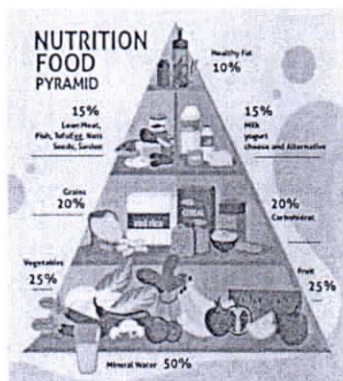
A program on

"AYUSH- health and Nutrition"

On 18-8-2018

By

Dr. Ch. Sai Lakshmi



Organised by




PRINCIPAL
Aditya College of
Engineering & Technology
SURAMPALAM- 533 437

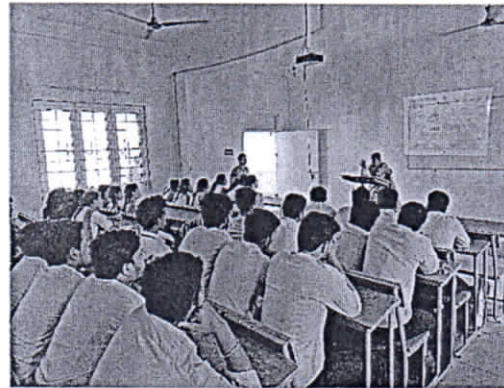


Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Event name: AYUSH- Health & Nutrition

Date: 18/8/2018



Handling session to guest



Guest giving information about nutrition's and its role in good health



Felicitation to the guest


PRINCIPAL
Aditya College of
Engineering & Technology
SURAMPALAM- 533 437



Event name: AYUSH- Health & Nutrition

Date:18/8/2018

A REPORT ON "AYUSH-Health & Nutrition"

Speaker of the event: Smt. Dr. Ch.Sailakshmi garu,

Venue: Seminar Hall - Visveswaraya Bhavan.

Date:18/8/2018

No of Students attended: 139

Health club committee conducted AYUSH- Health & Nutrition programme in our campus. The resource person explained about various nutrition's and its importance to our health.

The main objectives of this session:

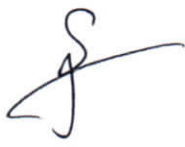
- ✓ To create awareness on nutrition's to the students.
- ✓ To creating healthy environment in the campus.
- ✓ To create awareness on how nutrition improves our health.

In this program 139 students have participated and the speaker explained, Nutrition is a critical part of health and development. Better nutrition is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases (such as diabetes and cardiovascular disease), and longevity.

Healthy children learn better. People with adequate nutrition are more productive and can create opportunities to gradually break the cycles of poverty and hunger.

Malnutrition, in every form, presents significant threats to human health. Today the world faces a double burden of malnutrition that includes both undernutrition and overweight, especially in low- and middle-income countries.

Finally, the speaker suggested the students to take nutritional food in their daily diet for to enhance good health.



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SURAMPALAM- 533 437



Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 9/7/2018

Surampalem.

To

The principal,
Aditya.college of Engineering and Technology,
Surampalem.

Sub: - Requesting permission for conducting a program "SWASTH- importance of hygienic food." in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a programme SWASTH - importance of hygienic food on 11/7/2018 Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	2500/-
2	miscellaneous	1500/-
Total Amount		4000/-

I request you to sanction an amount of Rs 4000 /- (four thousand rupees only) for smooth conducting of the event.

Thanking you sir,


Convener

(Health Club)


Principal

PRINCIPAL
Aditya College of
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SURAMPALEM- 533 437


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SURAMPALEM- 533 437



Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 10/7/2018

CIRCULAR

It is informed to all the students that there will be a programme "SWASTH - importance of hygienic food" on 11/7/2018 from 02:00 Pm to 04:00 pm in our campus to improve every individual health.

In this connection, all the interested students and staff are invited to participate in the programme.

copy to

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Dept HOD's

Office

Health club committee

Principal

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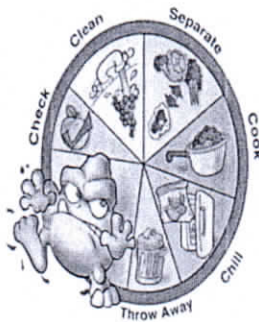
A program on

"SWASTH- importance of hygienic food"

On 11-7-2018

By

Dr. Veda Priya Gummadi



Organised by



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SURAMPALEM- 533 437

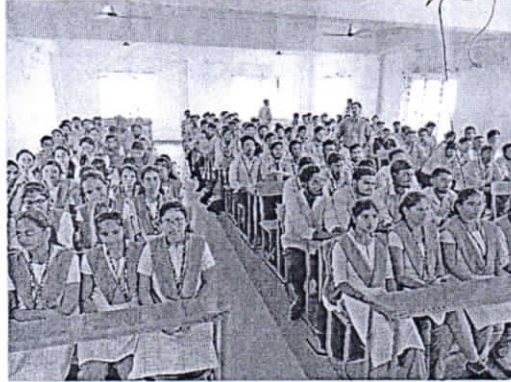


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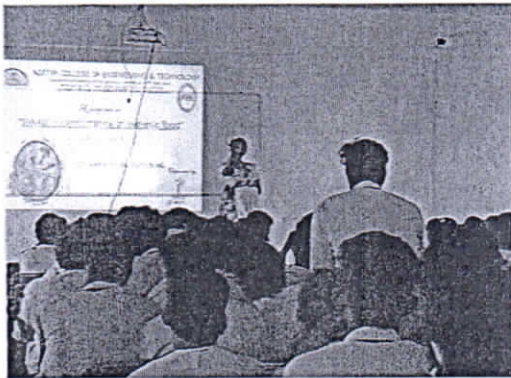
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Event name: SWASTH - importance of hygienic food

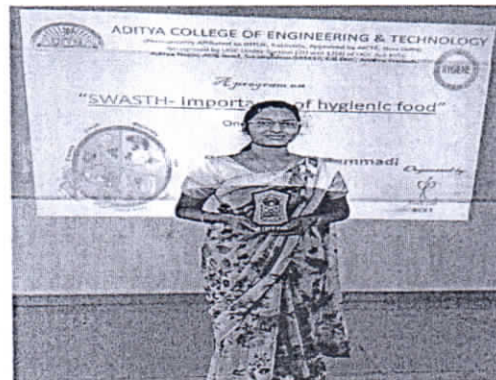
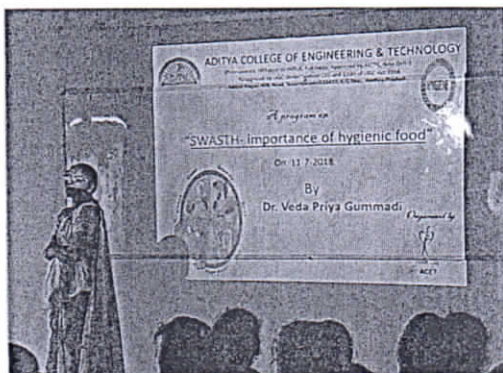
Date: 11/7/2018



Inviting Guest of Honor



Interaction with students



Guest memento Presentation


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Event name: SWASTH - importance of hygienic food

Date: 11/7/2018

A REPORT ON "SWASTH- importance of hygienic food"

Speaker of the event: Smt Dr. Veda Priya Gummadi garu,

Venue: Seminar Hall - Visveswaraya Bhavan.

Date: 11/7/2018

No of Students attended: 152

Health club committee conducted SWASTH- importance of hygienic food programme in campus. The resource person explained about hygienic foods how it influences on our health.

The main objectives of this session:

- ✓ To create awareness on hygienic foods to the students.
- ✓ To creating hygienic environment in the campus.
- ✓ To create awareness how hygiene improves our health.

In this program 152 students have participated and the speaker explained food safety and hygiene are of utmost importance as it helps to guard the health of consumers from food-borne illnesses and food poisoning. Sickness occurs when food becomes contaminated by bacteria, viruses, and other germs, making those people unwell who consume the contaminated food.

Finally, he concluded how do you keep food hygienic?

There are 4 basic steps to food safety at home, these are known as the four C's:

- cleaning - making sure your hands, surfaces and equipment are clean before, during and after cooking
- cooking - making sure food is cooked throughout to kill harmful bacteria
- chilling - making sure foods are stored at the correct temperature to prevent growth of harmful bacteria
- avoiding cross-contamination - preventing the spread of bacteria to surfaces and ready to eat food.

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Date: 25/11/2017

Surampalem.

To
The principal,
Aditya college of Engineering and Technology,
Surampalem.

Sub: - Requesting permission for conducting the program "AROGYA WITH YOGA" in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct programme AROGYA WITH YOGA programme on 27nd November 2017. Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	1200/-
2	miscellaneous	1000/-
Total Amount		2200/-

I request you to sanction an amount of Rs.2200/- (twenty-two hundred rupees only) for smooth conducting of the event.

Thanking you sir,


Convener

(Health Club)


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principal
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Date: 26/11/2017

CIRCULAR

It is informed to all the students that there will be "AROGYA WITH YOGA" programme on 27th November 2017 from 11:00 am to 12:30 pm in our campus.

In this connection, all the interested students and staff are invited to participate in the programme.

copy to

IQAC

Dept HOD's

Office

Health club committee


Principal

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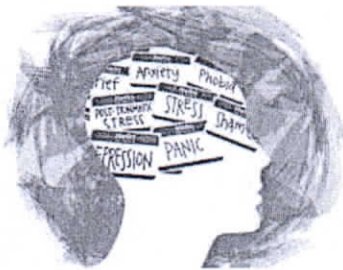
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A program on

"AROGYA WITH YOGA"

On 27-11-2017



By

M.V.S.J. NAGENDRA BABU

sahaja yoga meditation



Organised by



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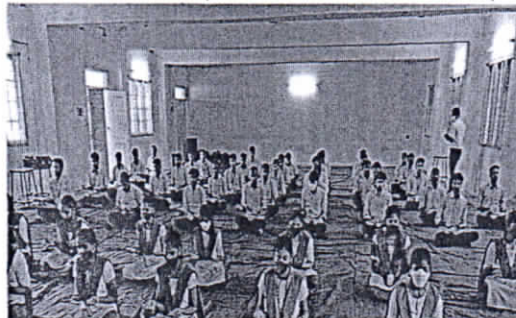


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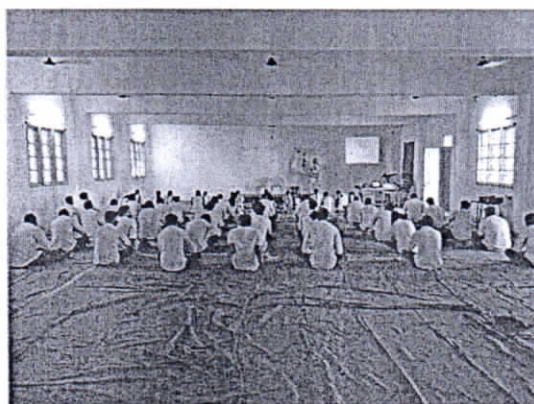
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Event name: AROGYA WITH YOGA

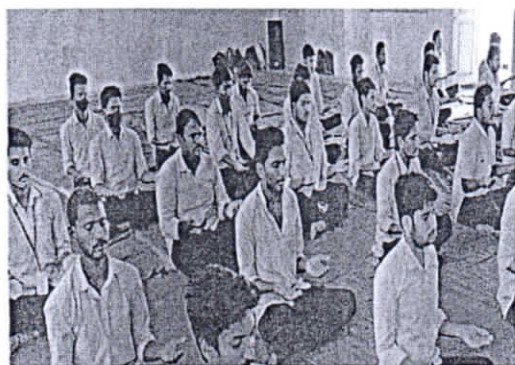
Date: 27/11/2017



Gathering the students and Inviting guest



Speech by guest about importance of yoga



Activity by students and Felicitation to guest

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Event name: AROGYA WITH YOGA

Date: 27/11/2017

A REPORT ON "Arogya with yoga"

Speaker of the event: Sri M.V.S.J Nagendra garu ,

Venue: Seminar Hall - Visveswaraya Bhavan.

Date: 27/11/2017

No of Students attended: 138

Health club committee conducted an event on Arogya with yoga to enhance the basic concepts on yoga to improve health. The resource person explained how to awake various energy systems in human body and also practiced some yoga steps to stress release.

The main objectives of this session:

- * To create awareness on yoga.
- * To improve health with yoga.
- * To inculcate stress release techniques for students .

In this program 138 students have participated and the speaker demonstrated, practiced the process of using yoga to improve health and given some techniques to stress relief. The students interacted with the speaker very actively and utilised the session. They learnt the concept of yoga. Finally, they concluded health is wealth and yoga is the one of the way to improve health.

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Date: 7/9/2017
Surampalem.

To
The principal,
Aditya college of Engineering and Technology,
Surampalem.

Sub: - Requesting permission for conducting a program "Health with organic food." in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a program Health with organic food on 8/9/2017 Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel charges	500/-
2	Others	600/-
3	Organic fruits	2000/-
Total Amount		3100/-

I request you to sanction an amount of Rs 3100 /- (Three thousand one hundred rupees only) for smooth conducting of the event.

Thanking you sir,


Convener
(Health Club)


principal
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Date: 7/9/2017

CIRCULAR

It is informed to all the students that there will be a programme "**Health with organic food**" on 8/9/2017 from 10:00 AM to 12:00 PM in our campus to improve health and creating healthy environment.

In this connection, all the interested students and staff are invited to participate in the programme.

copy to
IQAC
Dept HOD's
Office
Health club committee

Principal

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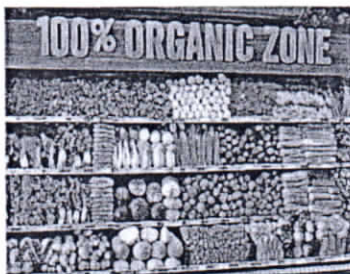


A program on

"Health with organic food"

On 8-9-2017

By



N.V GOWTHAM DEEKSHITHULU

Organised by




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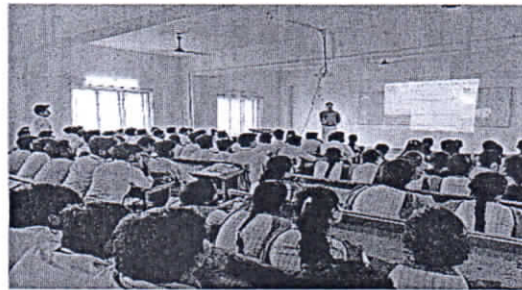


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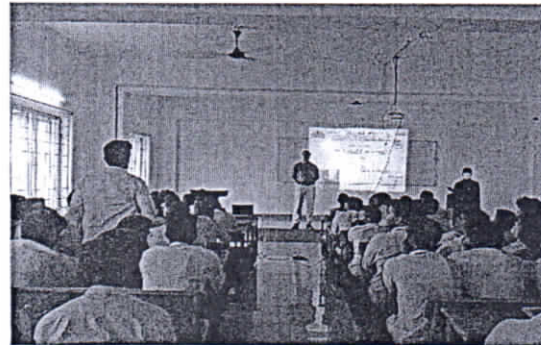
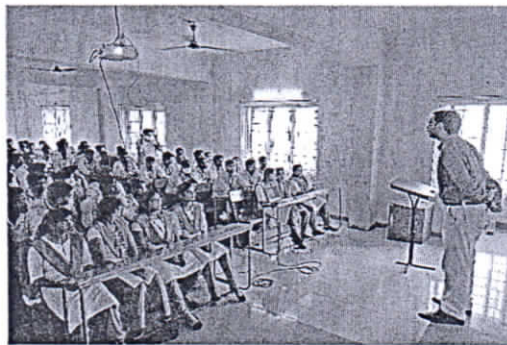
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Event name: Health with organic food

Date: 8/9/2017



Inviting Guest and Hand over the session



Guest interaction with students



Felicitation and memento presentation

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Event name: Health with organic food

Date: 8/9/2017

A REPORT ON "Health with organic food"

Speaker of the event: Sri N.V. GOWTHAM DEEKSHITHULU garu,

Venue: Seminar Hall - Visveswaraya Bhavan.

Date: 8/9/2017

No of Students attended: 110

Health club committee conducted Health with organic food programme in our campus. The resource person explained about organic foods and it influences on our health.

The main objectives of this session:

- ✓ To create awareness on organic foods to the students.
- ✓ To encourage organic foods in the campus.
- ✓ To create awareness about how organic foods improves our health.

In this program 110 students have participated and the speaker explained, Organic food is grown without the use of synthetic chemicals, such as human-made pesticides and fertilizers, and does not contain genetically modified organisms. Organic foods include fresh produce, meats, and dairy products as well as processed foods such as drinks, and frozen meals.

Finally, speaker suggested the students to inculcate organic food in daily intake for to maintain good health.


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